



Play - Eat - Sing

Immanuel Anglican Church has launched a new program this year! The Play-Eat-Sing program has been made for building community and bringing fellowship among local families. The Play-Eat-Sing program has seen excellent participation since the start, and the best part is it's free! Our first day was January 8th, 2026 and will continue until May 21st, 2026, with a break in the summer!



Photos taken by Don, on January 8th

Play-Eat-Sing was started by our church members, Laura French and Meagan Plumb, to bring families together every Thursday evening for 1 ½ hours of games, a shared meal and musical worship. Some weeks we have had the honour to try some of our church members' cooking and great meal ideas! We have seen a growth in friendships, community deepening, and new members joining us. The program runs every Thursday at 5:30 pm in the church hall throughout the Lent season and is open to all families in the community!



“One of the most enjoyable evenings of my daughter's and my week is attending Play, Eat, Sing. My 2-year-old daughter is very excited when it is Thursday and asks, “we go today?” followed by a “Hurray! I'm so happy today!” when I say we will. We are new to Immanuel, and Play, Eat, Sing has helped us get to know church community members with young families better. Lots of moms attend, and it helps us to talk about our children or see a knowing glance from a mom who has or is experiencing the same situations, knowing we are there to support each other. Seeing our daughters and sons bond together, both by similar age groups and with children much older or younger, has been endearing to me, as these children are teaching each other to care about others while having fun together. Whether it is doing puzzles and crafts, playing air hockey, making homemade pizza, dancing along to music, or kicking a soccer ball around the church hall, Eat, Play, Sing has wrapped all of us who attend with the warmth of the Immanuel church family.” - Sacha Rempel

For more information about the program or to be added to the email list, contact Hanna Rattai at hanna@iacregina.ca