



Immanuel Young Adults

As new events keep happening this year in 2026, we would like to introduce our Immanuel Young Adults group! Tomi Adewumi, Andrew Macphail and Hanna Rattai are the helpers of this group. As our congregation continues to grow, more and more young adults have started attending. In the fall of 2025, we knew that a Young Adults Group would be beneficial. Our first event happened on February 7th and we spent the evening playing pool at The Rack! Then we had an in-house Cards/Board Game night in March, and for April, we did bowling and Activate!



Pool at The Rack!



Game Night!

There is no set date each month. If you are interested, please email Hanna Rattai to be added to the WhatsApp group chat. This group chat is where young adults communicate, share news, updates, and plan events together! If you would like to be part of a community of adults ages 18-35, then Immanuel Young Adults is for you! We run from September to May, and we take a short break in the summer with the occasional events planned.



Bowling & Activate

“They say when 2 or 3 are gathered in his name, prayers can be heard and answered. For some, they could be praying for friendship, family, or community. We are thankful here at Immanuel to have elements of all these, and our Young Adults Group is a big part of that! The group has had the chance to meet once a month since the start of 2026, and this will be a trend we are continuing throughout the year. Regina has lots to offer, and so far, the group has been out to play pool, card games, ping pong, and bowling! I will say that I have had a very enjoyable time with the Young Adults Group and have been blessed with new friends in my life, and I am looking forward to having more fun in the future here at Immanuel.” - Anonymous

For more information about the Young Adults group, contact Hanna Rattai at hanna@iacregina.ca.