



Prayer Diary

**Bishop's Farewell Pilgrimage
2021**



Bishop's Farewell Pilgrimage

Wednesday, 14 July 2021 Regina to Balcarres (205km)

God blesses those people who make peace. They will be called his children! **Matthew 5:9**

"Cycling isn't a game, it's a sport. Tough, hard and unpitying, and it requires great sacrifices. One plays football, or tennis, or hockey. One doesn't play at cycling" – Jean de Gribaldy

Today we pray for:

- Holy Trinity, McLean
- St Thomas Vernon
- St Peter's, Qu'Appelle
- All Saints, Katepwa
- St John, Fort Qu'Appelle
- St Cuthbert, Dysart
- St Paul's, Balcarres

Thursday, 15 July 2021 Balcarres to Kamsack (184km)

Being diligent to preserve the unity of the Spirit in the bond of peace. **Eph 4:3**

"Think of bicycles as rideable art that can just about save the world."
— Grant Petersen, bicycle designer

Today we pray for:

- All Saints, Melville
- Holy Trinity, Yorkton
- Kamsack
- Bishop Paisible, Diocese of Musinga

Friday, 16 July 2021 Kamsack to Whitewood (225km)

I said, "Oh, that I had the wings of a dove! I would fly away and be at rest. **Ps 55:6**

Almighty God, you have given us this good earth as our heritage. May we prove ourselves a people mindful of your generosity and glad to do your will. Bless us with honest industry, truthful education, and an honourable way of life. Save us from violence, discord, and confusion; from pride and arrogance; and from every evil course of action. Make us who came from many nations with many different languages a united people. Defend our liberties and give those whom we have entrusted with the authority of government the spirit of wisdom, that there may be justice and peace in our land. When times are prosperous, let our hearts be thankful; and, in troubled times, do not let our trust in you fail. We ask this through Jesus Christ our Lord.

Today we pray for:

- Christ Church Churchbridge
- St John. Esterhazy
- St Thomas, Rocanville
- St Alban, Moosomin
- St Mary, Whitewood
- Unity – Healing – Reconciliation
- St Augustine, Saltcoats

Saturday, 17 July 2021 Whitewood to Estevan (225km)

LORD my God, I called to you for help, and you healed me. **Psalm 30:2**

"Bicycling is a big part of the future. It has to be. There's something wrong with a society that drives a car to workout in a gym." — Bill Nye, US scientist

Today we pray for:

- All Saints, Cannington Manor
- St Margaret, Manor
- St Giles, Estevan
- Cursillo
- Priests, Deacons and Diocesan Readers

Sunday, 18 July 2021 Estevan to Assiniboia (248km)

I have told you this so that you will have peace by being united to me.

The world will make you suffer. But be brave! I have defeated the world! **John 16:33**

"Toleration is the greatest gift of the mind; it requires the same effort of the brain that it takes to balance oneself on a bicycle." — Helen Keller, US political activist

Today we pray for:

- All Saints, Weyburn
- Holy Trinity, Ogema and St Peter's Avonlea
- St Boniface, Assiniboia
- Those who have not yet come to know the Lord Jesus

Monday, 19 July 2021 Assiniboia to Shaunavon (189km)

Praise the LORD, my soul, and forget not all his benefits - who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion.

Psalm 103-2-4

"When you ride a bike and you get your heart rate up and you're out, after 30 or 40 minutes your mind tends to expand; it tends to relax". - President George W. Bush

Today we pray for:

- All Saints, Shaunavon
- Peace - especially in countries ravaged by war or climate

Tuesday, 20 July 2021 Shaunavon to Camp Harding (176km)

When you go into a house, say, 'Peace be with you. **Matthew 10:12**

"Nothing compares to the simple pleasure of riding a bike." — John F. Kennedy

Today we pray for:

- St Augustine, Eastend
- Ravenscrag Mission
- Camp Harding

Wednesday, 21 July 2021 Day Off (0km)

Be of the same mind toward one another; do not be haughty in mind, but associate with the lowly. Do not be wise in your own estimation.

Romans 12:16

“When my legs hurt, I say: “Shut up legs! Do what I tell you to do!” – Jens Voigt

Today we pray for:

- Clergy and Lay Retreats
- Children and Youth Ministries - Family Camps - Vacation Bible Schools
- Crosstalk ministries
- Family and Friends

Thursday, 22 July 2021 Maple Creek to Rush Lake (Swift Current) (168km)

He heals the broken hearted and binds up their wounds. **Psalm 147:3**

“The bicycle has done more for the emancipation of women than anything else in the world.” — Susan B. Anthony, US women's rights activist

- St Mary, Maple Creek
- St Andrew, Tompkins
- St John, Gull Lake
- St Stephen, Swift Current
- Bishop Michael and the Diocese of Lichfield

Friday, 23 July 2021 (Swift Current) Rush Lake to Regina (211km)

The peace that Christ gives is to guide you in the decisions you make; for it is to this peace that God has called you together in the one body. And be thankful. **Colossians 3:15**

“Whoever invented the bicycle deserves the thanks of humanity” — Lord Charles Beresford, British MP

Today we pray for:

- St Aidan, Moose Jaw
- All Saints, Pense
- St Mary Magdalene

If any serve me, the Father will honour them. **John 12.26**

Saturday, 24 July 2021 - Day Off (0km)

He gives strength to the weary and increases the power of the weak **Is 40:29**

Life's a climb, but the view is great.

Today we pray for:

- Those in a position of leadership
- The Dean and Diocesan Council
- Diocesan Executive Staff
- The Diocesan Electoral Synod (October 16)
- The Metropolitan and Province of Rupert's Land
- The Primate and General Synod Anglican Church of Canada
- The Queen, Chiefs and Band Councils,
- Municipal, Provincial and Federal Leaders

Sunday, 25 July 2021 Moose Jaw to Kyle (234km)

Let no one seek his own good, but that of his neighbor. **1 Corinthians 10:24**

O Lord God, look with mercy on all whose increasing years bring isolation, distress, or weakness. Provide for them homes of dignity and peace; give them understanding helpers and the willingness to accept help; and, as their strength diminishes, increase their faith and their assurance of your love. We pray in the name of Jesus Christ our Lord.

Today we pray for:

- Unity, Healing and Reconciliation
- St Michael, Beechy
- St Paul, Kyle
- Qu'Appelle House
- Hospitals and Care Homes

*I chose you and appointed you, says the Lord,
that you should go and bear fruit, fruit that will last.*

John 15:16

Monday, 26 July 2021 Eston to Mildren (Rosetown) (220km)

May the Lord himself, who is our source of peace, give you peace at all times and in every way. The Lord be with you all. **2 Thessalonians 3:16**

A bad attitude is like a flat tire... you can't go anywhere until you change it.

Today we pray for:

- St Andrew/Trinity, Rosetown
- Bishop Sid and the Saskatchewan Synod
- Evangelical Church of Canada
- All parents and guardians and the children in their care
- Anglican Church Women
- Anne, Mother of the Blessed Virgin Mary

She shall receive a blessing from the Lord, and a just reward from the God of her salvation.
Psalm 24:5

Tuesday, 27 July 2021 (Rosetown) Mildren to Nokomis (226km)

Therefore, laying aside falsehood, speak truth each one of you with his neighbour, for we are members of one another. **Ephesians 4:25**

You can't be sad while riding a bicycle.

Today we pray for:

- St Mark, Outlook
- St Columba, Kenaston
- All Saints, Davidson
- St George, Imperial
- Christ Church, Nokomis
- Canadian Mental Health and all with Mental Health concerns
- The Anglican Foundation

Wednesday, 28 July 2021 Nokomis to Regina (216km)

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. **John 14:27**

To bike, or not to bike: that is not a question.

Today we pray for:

- Raymore
- St Peter, Day Star First Nation
- St Luke, Gordons First Nation
- Kawakatoose First Nation
- St Andrew, Key First Nation
- St Nicholas, Kennell
- All Saints, Lumsden
- Unity, Healing and Reconciliation
- Ecumenical Partnerships and Interfaith Initiatives

Thursday, 29 July 2021 Rest Day (0km)

Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, “Come with me by yourselves to a quiet place and get some rest...”

Mark 6:31

O God, the Lord of all, your Son commanded us to love our enemies and to pray for them. Lead us from prejudice to truth; deliver us from hatred, cruelty, and revenge; and enable us to stand before you, reconciled through your Son Jesus Christ our Lord.

Today we pray for:

- Anti Racism
- Church food and caring neighbourhood outreach programs and food banks,
- William Wilberforce, Social Reformer, 1833

Open your hand to the poor and needy neighbour in your land. Deut 15:11

Friday, 30 July 2021 Rest Day (0km)

But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, being fitted and held together by what every joint supplies, according to the proper working of each individual part, causes the growth of the body for the building up of itself in love. **Ephesians 4:15-16**

“When your legs scream stop and your lungs are bursting, that’s when it starts. That’s the hurt locker. Winners love it in there” – Chris McCormack

Today we pray for:

- Rest and respite ministries
- Summer vacations
- For faith
- Ecclesiastical Insurance

Saturday, 31 July 2021 Regina (20km)

Gracious words are like a honeycomb, sweetness to the soul and health to the body. **Prov16:24**

“In Mendrisio I felt it – the exhilaration of what the bike has to offer. It’s a simple machine that conjures a vast mix of emotions. It can evoke the senses and raise the spirits of people who

watch. For those who ride it can seem like the perfect vehicle for transport. For those who race, there's no better sensation than being on top of your gear making mountains feel like flat roads. Cycling throws up plenty of obstacles, unknown territory, high speed split-second considerations. Where to next? What's around the next corner? Who cares? You're flying'!"
Cadel Evans on winning the World Championships

Today we pray for:

- St Cuthbert's House and staff
- Immanuel, Regina (Doan Avenue)
- Immanuel, Regina (Massey Road)
- St Mary, Regina
- St Paul's Cathedral, Regina
- The Diocese of Qu'Appelle Search Committee
- For hope

I don't have a bucket list but my bike list is a mile long.

Prayer of Eusebius (3rd century)

May I be no one's enemy,
and may I be the friend of that which is eternal and abides.

May I never quarrel with those nearest me:
and if I do, may I be reconciled quickly.

May I love, seek, and attain only that which is good.
May I wish for all people's happiness and envy none.

May I never rejoice in the ill-fortune of one who has wronged me.
When I have done or said what is wrong, may I never wait for the rebuke of others,
but always rebuke myself until I make amends.

May I win no victory that harms either me or my opponent.
May I reconcile friends who are angry with one another.
May I never fail a friend who is in danger.

When visiting those in grief
may I be able by gentle and healing word to soften their pain.

May I respect myself.

May I always keep the tame that which rages within me.

May I accustom myself to be gentle,
and never be angry with people because of circumstances.

May I never discuss who is wicked and what wicked things they have done,
but know good people and follow in their footsteps.