

# The Greenwise Gazette

*Tending to Creation at Immanuel Anglican Church, Regina*

## Earth Day April 22

Celebrated annually on April 22, Earth Day encourages environmental education and stewardship of natural resources. The first Earth Day was April 22, 1970 and was created by Senator Gaylord Nelson of the United States as a way to put environmental concerns on the front page. You



can read more about the history of Earth Day at this [LINK](#) to the earthday.org website. The theme for this year is ‘Invest in our Planet’. The theme is designed to persuade businesses, governments, and citizens around the world of the need to invest in our planet to improve our environment and give our descendants a better and safer future.

How can you participate in Earth Day activities? On their website, [earthday.org](#), there is a toolkit you can check out that list items such as Climate Literacy, End Plastics, Plant Trees, Vote Earth, Global Cleanup, and Sustainable Fashion



What can you do for Sustainable Fashion?

- Buy less and shop for quality over quantity
- Choose natural materials – cotton, linen, hemp
- Buy recycled fabrics
- Research brands to identify those that are ethical and practice transparency and sustainability
- Buy secondhand clothing

- Think about participating in a swap group or start one
- Learn how to repair your clothes yourself. The longer clothes are kept, the lower their emissions footprint.

Check out this YouTube video [Beauty in the eye of the Beholder](#)

## Composting at the Williams House

A new item has found a home in our house – a countertop compost bin! This makes it easy for us to collect items suitable for composting instead of putting them in the garbage to go to the landfill. Alas, we do not have a compost bin in our yard, so the search has been on to find where we can take our compost in Regina. Later in 2023 the city will be rolling out compost bins to households, but until then, what should we do?



Although there are compost collection bins at many of the City of Regina sites visited this week, unfortunately they are not there for people to take their compost. If anyone knows where we can take our compost, please let Jenny know.

### Did you know....

That RONA is committed to reducing the environmental footprint of its operations? In 2022 the retailer became the first in its industry to eliminate single-use plastic shopping bags from its stores. As an alternative, RONA offers its



We acknowledge that we are on Treaty 4 territory, the original and traditional lands of the Nehiwayak (Cree), Saulteaux, Assiniboine and Metis Nations. We respect and honor the Treaties that were made on all territories; we acknowledge the harms and mistakes of the past; we are committed to moving forward in partnership with Indigenous Nations in the spirit of reconciliation and collaboration.

customers the option of purchasing reusable bags, the proceeds of which are donated to the Nature Conservancy of Canada to support conservation projects across our country. Check out their website at [www.natureconservancy.ca](http://www.natureconservancy.ca)

## Fun Facts from The YQR Naturalist

Have you seen these little creatures in the fall around your home? We call them Maple Bugs, but they are actually Box Elder bugs and are indigenous to Saskatchewan. You can check out the YQR Naturalist's post at this [LINK](#) for more interesting information.



## City of Regina Hazardous Waste Disposal

The city of Regina has opened a Household hazardous Materials Depot, available to residents year-round and **free** of charge. The depot is located just south of the landfill entrance on Fleet Street with a separate entrance for dropping hazardous materials. It is open Fridays and Saturdays from 10:00 am to 3:00 pm.

## Wascana Lake – Smartphone Audio Guided Walking Tour

For \$6.99, you can download a GPS-guided audio walking tour to your phone. The tour starts and finishes at the Legislative building. As you walk along, you will hear about some of the people who make Regina what it is today, and also some interesting stories behind some statues and memorials. Check it out at this [LINK](#)



## Nature Regina and the Royal Saskatchewan Museum

A native Plant Garden in the centre of our city! Check out some of the things you'll see there this summer.



### Wild flax

Check out your kitchen floor. Is it made of linoleum? Yes! Then it is partly made from pressed flax which becomes linseed oil.



### Monarda / Wild Bergamot

Do you know someone that drinks Earl Grey tea? These leaves are used as flavouring in that tea!



### Native Harebell

The flowers have a bell shape and last a long time. They are an important sources of nectar for bees in the fall!

## SARCAN – Drop and Go for Immanuel!

**RECYCLING**  
A DIVISION OF SARC

Remember to drop off your cans and bottles to help us with environmental projects at Immanuel. The code is our phone number **3065864420**. If you prefer to bring your cans and bottles to the church, just let the office know, so we can arrange to get them to Sarcana.

In 2023 we hope to have enough money to purchase and install rain barrels!

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