

The Greenwise Gazette

Tending to Creation at Immanuel Anglican Church, Regina

Chase the Winter Blues Away Winter Activities

Yes, it's cold outside, but there are still a lot of things you can do – and also stay safe with COVID. Check these options out:

- Regina Floral Conservatory on 4th Avenue, open daily from 1 – 4 pm. [Website](#)
- Regina's Winter Festival – FROST. February 4 – 13, 2022. Read about all the wonderful events at frostyqr.ca
- Visit Wascana Centre or any of the parks in the city
- Go on a Scavenger Hunt – use an app called Let's Roam and learn something new about Regina
- Check out a self-guided tour of Regina – here is a website that outlines what is available - [Website](#)
- Travel 10 minutes outside the city to Fenek Farms to enjoy a petting zoo, hay rides, fresh produce, and more. Check their website at fenekfarms.ca



Photo courtesy of Sarah Wells

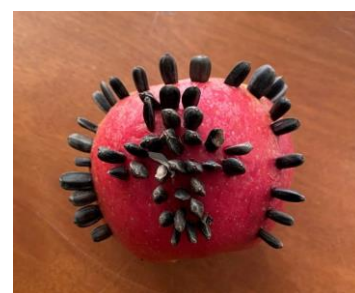
Easy Ways to Feed the Birds

Slice your apple into ¼" slices. Use something to punch a hole in the apple slice to hang it. Add the string for hanging. Dry off the apples, and spread peanut butter on one side. Then dip the peanut butter side in a dish filled with bird seeds. Hang it up and watch the birds with their treat!



Nadine Smith and her family sent us this picture of how they did it – cut the apple in slices, and use a toothpick to attach the string

The Pekar Family came up with this idea – core an apple, and poke it all over with sunflower seeds. Put a string through the centre and hang it up!



Did you know...

Regina has an outdoor hockey league that is free-of-charge for families who are unable to afford the high cost of other organized hockey leagues in the city? This is just one of the sports sponsored by Ehrlo Sport Venture that helps promote youth success through the power of sport. Not only are the kids getting exercise and other health benefits, but through sports they are learning accountability, dedication, and leadership. They welcome donations of equipment as well as money, so if you find some old equipment laying around your house, check out this website: <https://ehrlo.com/sport-venture/donate>

We acknowledge that we are on Treaty 4 territory, the original and traditional lands of the Nehiwayak (Cree), Saulteaux, Assiniboine and Metis Nations. We respect and honor the Treaties that were made on all territories; we acknowledge the harms and mistakes of the past; we are committed to moving forward in partnership with Indigenous Nations in the spirit of reconciliation and collaboration.

Christmas Decorating with Snowflakes

Here are a couple of pictures of the snowflakes that Maegen Pekar made from some scraps of wool to decorate her home at Christmas



It's Cold Outside!

And not everyone has a warm place to stay and warm clothing. If you have extra warm clothing and blankets, the Salvation Army's Waterston Centre located at 1845 Osler St. is welcoming donations. They are open 24/7 for donations.

Did you accept the Betty White Challenge?

This challenge was to for people to donate to local animal shelters, rescues, and other animal welfare



organizations on January 17th, which would have been Betty White's 100th birthday. Let's keep her memory alive by continuing to support our animals. You can donate money, or items such as food, treats, and toys, foster an animal for a week or a month or more, adopt an animal, or volunteer your time. Here are some local organizations that YOU can help!

- Join the Regina Pet Food Bank on Facebook
- Bright Eyes Dog Rescue
- Regina Humane Society
- Regina Cat Rescue
- Lucky Paws Dog Rescue
- The Pack Project
- Excalipurr Cat Café



Are you a Good Neighbour?

Now that the by-law is in place to keep your sidewalks cleared, **YOU** can be the neighbour



everyone wants! Go the extra mile and help the neighbour out, especially if they are elderly or not able to get around easily. The city provides sand at various

locations for residents who need it to make icy sidewalks and driveways safe. There is a map and a list of locations at this link: [Regina Snow & Ice Control](#)

The Cathedral neighbourhood has banded together to help people in their area clear their sidewalks. This is the 3rd year for the **Regina Snow Angel** program. This program gathers information about people who can help clear snow with those who need help and match them up. You can read a news article at this [LINK](#) or at www.cathedralvillage.org/snowangel/

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